



## ARE YOU READY?

Book a call session with our program advisor.  
Get program details if it's a fit, confirm  
enrollment and payment.

BEGIN YOUR TRANSFORMATION JOURNEY

mentorbox

# NOVA I

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## What is NOVA I?

This is a personal mentorship program combining immersive coaching with apprenticeship. Mentors and experienced peers are thoughtfully paired with mentees, creating a peer-to-peer environment that supports individual growth, different perspectives, and personal style.

## PROGRAM STRUCTURE

- Dedicated mentor throughout the process.
- In-person and online intensive sessions.
- Custom made toolkit (MyBox).
- Ongoing accountability and integration support.



## WHAT MAKES US UNIQUE

**Tools & framework.** Not just talk and generic advice - you'll hold the system in your hands.

**Structured process.** Every session has purpose. Every milestone has outcomes.

**Personal application.** Your goals. Your timeline. Your transformation.

**Real accountability.** Someone who cares if you follow through.



# PROGRAM PACKAGES

## **LITE** : 8-WEEK PACKAGE

For youths, students and career preofessional

### **WHAT TO EXPECT:**

- Personal assessment & Strengths analysis
- Actionable roadmap
- Decision-making frameworks
- Clear steps with confidence

## **PLUS**: 16-WEEK PACKAGE

For executives, leaders and solo entrepreneurs

### **WHAT TO EXPECT:**

- Everything in Lite Package, plus depth
- Strategic life plan
- Skills audit and development plan
- Sustained behavior change support

CUSTOM QUOTE AVAILABLE

## **WHO IS IT MEANT FOR**

The program is design for individuals who know they're capable of more but need structure and support to get there.

## **YOU ARE A FIT IF YOU:**

- Feel stuck or unclear about your next meaningful step
- Want structure and guidance rather than figuring it ou alone
- Seek accountability, personal insight and expert facilitation.







# THE JOURNEY

## 1. **Pairing**

The foundation matters - Meaningful transformation requires the right partnership from day one. We match you with the right mentor and establish trust, expectations and working rhythm.

## 3. **Goal-Setting**

Transform vague aspirations into concrete, achievable objectives. Define what success look like and create meaningful targets aligned with your authentic self

## 2. **Self-Discovery**

Uncover your authentic strengths, core values, and what genuinely drives you. Gain clarity on who you are and what you're capable of becoming.

## 4. **Action Planning**

Build executable roadmaps with clear milestones, accountability structures and decision-making frameworks. Move from planning to doing with confidence.



